

2024

Nutrition Symposium



Agenda

Friday, November 15, 2024

7:30-8:00 a.m.	Breakfast and networking
8:00-8:45 a.m.	Celiac Disease Dr. Adarsh Varma, MD
8:45-9:00 a.m.	Informal feedback Q&A:
9:00-9:45 a.m.	Diabetes Technology: We Don't Sugarcoat It Linda Main, MS, RD, CDCES Anzor Modzgyreschvili, MPH, RD, BC-ADM, DIP-ACLM, CDCES
9:45-10:00 a.m.	Informal feedback Q&A
10:00 -10:15 a.m.	Break
10:15 - 11:00 a.m.	Electrolyte Replacement & TPN Emily Schwartz, DCN, RD, CNSC
11:00-11:15 a.m.	Informal feedback Q&A
11:15 a.m. - 12:00 p.m.	Overactive and Underactive Thyroid Dr. Shiri Levy, MD
12:00-12:15 p.m.	Informal feedback Q&A
12:15 - 1:15 p.m.	Lunch
1:15 - 2:00 p.m.	Nurturing Growth: Application of the Nutrition Care Process in the Pediatric Population Allegra Picano, MS, RD Marielle Menke, MPH, RD
2:00-2:15 p.m.	Informal feedback Q&A
2:15 - 3:15 p.m.	Updates in Diabetes Dr. Arti Bhan, MD
3:00-3:15 p.m.	Informal feedback Q&A
3:15 - 3:30 p.m.	Closing

Henry Ford Health 2024 Nutrition Symposium | 11/15/2024 7:30 AM HFH - Detroit

This symposium will provide up-to-date presentations covering a variety of nutrition topics. Discussions throughout the day will include clinical, research, public health, and life cycle emerging trends in medical nutrition therapy.

Program Goal

- 1 Discuss the changing landscape of diabetes in the country
- 2 Present new medications for weight loss that improve chronic medical conditions
- 3 Understand cardiovascular and renal complications of diabetes
- 4 Discuss and review use of technology in diabetes
- 5 Identify common electrolyte disorders in hospitalized adults
- 6 Evaluate appropriate approaches to electrolyte replacement
- 7 Identify evidence-based resources for electrolyte management
- 8 Interpret signs and symptoms in the presentation and diagnosis of hyperthyroidism and hypothyroidism
- 9 Review treatment and care of hyperthyroidism and hypothyroidism
- 10 Explain pathogenesis, diagnosis, and medical management of Celiac Disease
- 11 Outline the newest continuous glucose monitors & insulin pumps available
- 12 Review continuous glucose monitors and how they can be used to support lifestyle changes in diabetes
- 13 Present best practices for achieving glycemic control with a insulin pump
- 14 Discuss the role of GLP1s in weight and diabetes management
- 15 Explain why pediatric growth assessment is crucial for monitoring health and development in children and challenges that may affect the accuracy and consistency of measurements
- 16 Identify signs of abnormal growth, including poor weight gain, excessive weight gain, and deviations from growth charts
- 17 Explore strategies for intervention and management of growth issues through medical nutrition therapy in the pediatric population

Target Audience Nutrition

Faculty

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Adarsh Varma, MD	Faculty	Nothing to disclose - 01/18/2024
Ashlee Carnahan, MS, RD	Co-Director	Nothing to disclose - 05/10/2024
Arti Bhan, MD	Faculty	Nothing to disclose - 01/02/2024
Yakir Muszkat, MD	Co-Director	Nothing to disclose - 05/14/2024
Shiri Levy, MD	Faculty	Nothing to disclose - 07/03/2024
Bethany Thayer, MS, RD	Other Planning Committee Member	Nothing to disclose - 05/14/2024
Stephanie Goergen, RD	Other Planning Committee Member	Nothing to disclose - 06/11/2024
Crystal M Gyiraszin, MS	CME Reviewer	Nothing to disclose - 02/20/2024
Michelle Clark, BA	CME Specialist	Nothing to disclose - 07/19/2024
Linda Main, MS, RD, CDCES	Faculty	Nothing to disclose - 07/03/2024
Allegra Picano, MS, RD	Faculty	Nothing to disclose - 07/08/2024
Taylor Murray, MPH, RDN	Other Planning Committee Member	Nothing to disclose - 06/11/2024
Emily Schwartz, DCN, RD, CNSC	Faculty	Nothing to disclose - 05/13/2024
Anzor Modzgvreschvili, MPH, RD, BC-ADM, DIP-ACLM, CDCES	Faculty	Nothing to disclose - 06/26/2024
Marielle Menke, MPH, RD	Faculty	Nothing to disclose - 07/02/2024

All of the relevant financial relationships listed for these individuals have been mitigated.

ACCREDITATION STATEMENT: Henry Ford Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

DESIGNATION STATEMENT: Henry Ford Health designates this live course for a maximum of 6.25 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

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